# Carers - NEW EVENT Wednesday June 12th

Come and join us for a natter, make new friends!

## **SWILLINGTON SPORTS & SOCIAL CLUB,**

#### Wakefield Rd, from 10am to 1PM

### **REFRESHMENTS AVAILABLE**







#### Do you Care and look after someone?

Do you support someone with an illness, frailty, disability, mental health problem or addiction?

Do you support someone who cannot manage without you?

A Carer can be any age, child, or adult.

YOU ARE IMPORTANT, WE CAN HELP YOU!





